Lunch Menu

Starters

Maritime Oysters by the ½ dozen \$21

red wine apple mignonette, chorizo hot pepper sauce lemon & horseradish

OR

Oysters Rockefeller by the ½ dozen \$24

butter, breadcrumbs, bacon, parsley

Atlantic Canada Crab Cakes \$18

roasted garlic remoulade, coconut mango purée, cucumber pineapple relish

Steamed PEI Mussels \$16

Thai coconut milk curry **OR** tomato, fresh herbs & white wine

Nova Scotia Lobster Poutine \$28

Mornay sauce, cheese curds & fries

Steamed N.S. Littleneck Clams \$24

Parsley garlic butter, garlic lime aioli, toast

Crispy Calamari \$15

Corn flour dusted, ginger garlic marinade chipotle lime mayo

Yellowfin Tuna Tartare \$19

avocado, lime soy dressing, garlic lime aioli, crisps

Salads

Grilled Caesar \$18

warm romaine hearts, smoked maple bacon, herbed crouton, Grana Padano

Burrata & Poached Pear \$24

Merlot poached pear, prosciutto balsamic vinegar & olive oil

Chilled Lobster Salad \$34

Nova Scotia lobster, avocado, celery, mixed greens lemon roasted garlic aioli

Crispy Buttermilk Chicken Salad \$20

Boneless crispy chicken, chopped lettuce, garden vegetables maple chili vinaigrette

Soup

served with house baked sourdough bread

Nova Scotia Clam Chowder \$18

smoked Nova Scotia clams bacon new red potatoes, cream

Nova Scotia Lobster Bisque \$18

tomato, cream, tarragon & cognac Lobster salad on crostini

Add-ons

Tiger shrimp (3 per order) \$9

Digby scallops (3 per order) \$12

N.S. lobster tail \$28

East Coast Classics

English-Style Atlantic Haddock Fish & Chips \$24

pale ale battered fillet, home-made red cabbage slaw, tartar sauce

Nova Scotia Lobster Roll \$34

classic mayo, celery & onion, crispy potato fries

Grilled or Steamed Whole N.S. Lobster MP

drawn butter, baby potato salad, corn salsa

Steak Frites \$35

80z New York Striploin, Chimichurri sauce, crispy potato fries

Sandwiches

Pan Fried Fish Sandwich \$21

fresh local Haddock, tomato, pepper, capers, herbed mayo

Grilled Garden Vegetable Wrap \$17

grilled zucchini, eggplant, peppers, hummus, tahini dressing, pita bread

Grilled N.S. Beef Hamburger \$22

Black Angus beef burger, chipotle aioli, iceberg lettuce, maple bacon, tomato jam, crispy onion

Steak, Mushroom & Onion \$20

open faced, grilled striploin, sautéed mushrooms, caramelized onion red wine reduction, horseradish aioli

Pasta

Vegetable Penne \$16

grilled seasonal garden vegetables, basil pesto Parmigiano

Shrimp Gnocchi alla Sorrentina \$27

Black tiger shrimp, tomato sauce, fresh basil shaved asiago

Platters for sharing

Roasted Whole Daily Fish MP

browned butter lemon caper sauce

Hot Seafood Medley \$120

Nova Scotia lobster, sautéed black tiger shrimp, Digby scallops maple salmon, blackened haddock, steamed Littleneck clams, browned butter lemon caper sauce

Sides

Crispy potato fries, sea salt, rosemary & olive oil \$8

New PEI potato salad \$7

Charred Brussels sprouts \$8

Garlic lemon butter green beans \$9