



Morning





## Breakfast buffet \* Priced per person

Includes fresh Starbucks brew and teas / Add orange or cranberry juice \$5 per person

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| <b>+ Continental . . . . . \$25</b><br>Seasonal sliced fruit, assorted individual cereal and milk, assorted house baked pastries including Danishes, muffins, and croissants   | <b>+ Western Minimum 25 people . . . . . \$32</b><br>Omelette with onion, peppers, ham, and cheese with baked beans, bacon, hash browns, toast, and cornbread muffin                                      |
| <b>+ Mind-full breakfast . . . . . \$28</b><br>Assorted individual cereal, skim milk, sliced fruit, low fat muffins, individual low fat yogurt, and all-natural granola  | <b>+ Hotel classic Minimum 25 people . . . . . \$31</b><br>Assorted pastries including Danishes, muffins, and croissants, scrambled egg, bacon or sausage, hash browns, and whole granny smith apples     |
| <b>+ Nova Scotian Minimum 25 people . . . . . \$34</b><br>Maritime fishcakes with molasses baked beans, chow, tea biscuits, brown bread, potato hash with chopped bacon, and sausage   | <b>+ Pancake breakfast Minimum 25 people . . . . . \$30</b><br>Buttermilk pancakes with berry compote, Chantilly cream, bacon, and seasonal fruit salad   |
| <b>+ Canadian Minimum 25 people . . . . . \$37</b><br>Farm fresh scrambled eggs, aged cheddar, hash browns, bacon strips, baked beans, buttermilk waffles with berry compote and whipped cream, croissants, muffins and Danishes, and sliced fruit | <b>+ Build your breakfast sandwich Minimum 25 people \$29</b><br>Fried egg, sausage patty & cheddar cheese on English Muffin and Bacon cheddar croissant. Served with potato wedges and whole fresh fruit |

All prices are subject to a customary 19% taxable service charge and 15% applicable HST. Prices are subject to change.  
All prices are guaranteed 90 days prior to the function.

## Boxed breakfast \* priced per person

Includes whole fruit, muffin, homemade granola bar,  
and bottled fruit juice with napkins

Items can be made gluten free upon request

- + **Breakfast Sandwich. . . . . \$20**  
Choice of bacon or breakfast sausage buttered  
English muffin with scrambled egg and aged cheddar
- + **Ham and Cheese Croissant . . . . . \$20**  
Sliced breakfast ham and cheese on homemade  
croissant
- + **Egg and cheese breakfast sandwich . . . . . \$19**  
Buttered English muffin with scrambled egg and aged  
cheddar
- + **Smoked Salmon Bagel . . . . . \$21**  
Atlantic cold smoked salmon on bagel with cream  
cheese, capers, and onion
- + **Vegetarian Bagel . . . . . \$16**  
Cucumber, avocado cream cheese mix, on toasted  
bagel
- + **Granola Parfait . . . . . \$16**  
Honey toasted granola with yogurt and seasonal  
berries
- + **Burrito . . . . . \$19**  
Choice of bacon or sausage with mix peppers, onion,  
mushrooms, age cheddar, scrambled egg and salsa
- + **Vegetable Burrito (V) . . . . . \$19**  
Sauteed asparagus, mix peppers, broccoli and  
mushroom, scrambled egg and cheddar
- + **Vegan Burrito (V) . . . . . \$20**  
Sauteed asparagus, mix peppers, broccoli and  
mushroom, scrambled medium tofu and daiya  
cheese

## Wake ups

- + **Individual yogurt . . . . . \$5 each**  
Fruit, vanilla or lactose-free vanilla
- + **Granola yogurt parfait . . . . . \$9 each**  
Almond granola, vanilla yogurt, and seasonal  
berries
- + **Berries and yogurt . . . . . \$10 each**  
Seasonal berries in individual cups
- + **Whole fresh fruit. . . . . \$5.50 each**  
Bananas, apples, plums or pears
- + **Fruit cup . . . . . \$10 each**  
Fresh cut seasonal fruit in individual cups
- + **Cereal . . . . . \$9 a person**  
Assorted individual cereals and 2% milk
- + **Breakfast sandwich. . . . . \$11 each**  
Egg, cheese, English muffin or cheese croissant  
with bacon, ham, salami, or smoked meat
- + **Chilled hard-boiled eggs. . . . . \$32 per dozen**

## Baked best

- + **Assorted pastries . . . . . \$47 a dozen**  
House baked Danishes, muffins, and croissants
- + **Gluten free muffins . . . . . \$51 a dozen**  
Chocolate or blueberry
- + **Gluten free brownie. . . . . \$5.50 each**  
Individually packed
- + **Chocolate croissants . . . . . \$47 a dozen**  
House baked with chocolate filling
- + **Bagels . . . . . \$42 a dozen**  
Assorted flavors and cream cheese





## Comfort breaks

- ✦ **Health full . . . . . \$17**  
House made energy bites, individual yogurt, baked vegetable chips, and seasonal whole fruit
- ✦ **Sweet stuff. . . . . \$16**  
Assorted cookies, rocky road bars, and seasonal whole fruit

## Nutrition breaks

- ✦ **Individual mixed nuts . . . . . \$7.50**
- ✦ **Dark chocolate dip with pistachio shortbread. . . . . \$7.50**
- ✦ **Smoked salmon and asparagus roll. . . . . \$19**
- ✦ **Citrus cocktail . . . . . \$9**
- ✦ **Veggies and dip. . . . . \$9**



## Fresh baked

- ✦ **Scones . . . . . \$49 per dozen**  
Fresh home-made scones with assorted jams and butter
- ✦ **Mini sweet loaves. . . . . \$46 per dozen slices**  
Lemon poppyseed, raspberry coconut, and banana chocolate chip
- ✦ **French pastries . . . . . \$38 per dozen**  
Pain au chocolat and almond croissants
- ✦ **Chocolate strawberries. . . . . \$43 per dozen**  
Dipped in Belgian chocolate
- ✦ **Cookies . . . . . \$38 per dozen**  
House Baked Assortment
- ✦ **Berry and white chocolate crumble bars. . . . . \$35 per dozen**  
Drizzled with white chocolate
- ✦ **Pecan tarts. . . . . \$35 per dozen**  
Tartlets with roasted pecan
- ✦ **Churros. . . . . \$38 per dozen**  
With chocolate and assorted ganache dipping sauces
- ✦ **Apple almond bars . . . . . \$38 per dozen**  
Almond cream with baked apple slices





## Snacks

- ✦ Potato chips . . . . . **\$3.75 each**  
Individual Bags
- ✦ Candy bars. . . . . **\$3.75 each**  
Assorted varieties
- ✦ Whole fruit . . . . . **\$5.50 each**  
Assortment of bananas, apples, plums. and pears
- ✦ Snack basket . . . . . **\$10.75 per basket**  
Potato chips, pretzels, and popcorn
- ✦ Mixed nuts . . . . . **\$18.25 per basket**
- ✦ Hummus dip . . . . . **\$5.50 per person**  
With choice of vegetables or pita
- ✦ Chips and Salsa . . . . . **\$5.75 per person**  
Tortilla chips and medium salsa
- ✦ Shortbreads . . . . . **\$8.00 per person**  
Blueberry white chocolate and gluten free  
chocolate coconut

## Beverages

- ✦ Perrier & flavoured water. . . . . **\$5.50 each**
- ✦ San Pellegrino 275m . . . . . **\$5.50 each**
- ✦ San Pellegrino or Evian 1L . . . . . **\$10.50each**
- ✦ Bottled water . . . . . **\$4.75 each**
- ✦ Assorted fruit juice . . . . . **\$5.00 each**
- ✦ Premium fruit & vegetable juices . . . **\$6.25 each**
- ✦ Assorted soft drinks . . . . . **\$4.75 each**
- ✦ Fruit smoothie . . . . . **\$34 per litre**  
Banana strawberry and mixed berry
- ✦ Carton of milk 250m . . . . . **\$5.75 each**
- ✦ Hot chocolate . . . . . **\$4.75 each**
- ✦ Starbucks coffee . . . . . **\$4.75 each**
- ✦ Assorted teas . . . . . **\$4.75 each**
- ✦ Nespresso, Cappuccino & Latte . . . **\$5.95 each**

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