



"THE ARMS"

at South Park & Spring Garden

SUPPER

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| SOUP OF THE DAY  | 8             |
| LOCAL CHEESE & PROSCIUTTO BOARD ~ two artisan local cheeses, thinly sliced prosciutto, grilled asparagus, duo of spreads, crostini         | 22            |
| CRAB & ARTICHOKE DIP   | 15            |
| SEAFOOD CHOWDER ~ with toasted sliced baguette   | 15            |
| CALAMARI FRITTI ~ buttermilk & semolina dusted, lightly fried, peri-peri sauce   | 16            |
| TUNA TARTARE ~ traditionally prepared with dijon, shallots and capers, topped with avocado puree, horseradish aioli, crostini              | 16            |
| KALE CAESAR SALAD ~ with crispy pancetta, herb croutons, parm & house dressing   | 14            |
| GRILLED HALLOUMI CHEESE ~ with zatar spiced flatbread, pomegranate molasses & tahini   | 14            |
| COBB SALAD BOWL ~ chicken tandoori, avocado, egg, pancetta crisps, sun-dried cranberries, local goat cheese, our buttermilk ranch dressing | 18            |
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| SLOW BRAISED LOCAL BLACK ANGUS BEEF SHORT RIB ~ chive garlic mashed potatoes & blueberry whiskey reduction                                 | 27            |
| DIGBY SCALLOPS ~ pan seared, sautéed kale, garlic mash, chive cream sauce  | 29            |
| 12 OZ CHAR GRILLED CANADIAN RESERVE ANGUS STRIPLOIN ~ with Café de Paris butter & garlic mashed potatoes                                   | 31            |
| MUSHROOM RAVIOLI ~ morel, portobello & cremini mushroom and ricotta cheese filled pasta with truffle chive sauce and shaved parm           | 18 sm & 26 lg |
| CORNISH GAME HEN ~ butterflied and oven roasted, rosemary pan jus  | 26            |
| BLACK ANGUS BURGER ~ dill pickle aioli, iceberg, tomato, red onion relish  | 19            |

"COMFORT FOOD"

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| SWEET POTATO FRIES ~ with truffle aioli                | 10 | CHICKEN POT PIE ~ with pastry top | 19 |
| FISH & CHIPS ~ beer battered haddock, fries & coleslaw | 19 | CHICKEN DRUMMIES ~ fried crispy   | 15 |

TAVERN STYLE NACHOS

with house blend melted cheese, our own pickled banana peppers, salsa & sour cream