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Healthy Continental Breakfast

Assorted Chilled Juices Seasonal Fresh Fruit & Berries Assorted Breakfast Pastries and Scones Granola Bars Seasonal Berry Yogurt Parfait with Crunchy Granola Freshly Brewed Starbucks Coffee & Tazo Teas

Full American Breakfast

Assorted Chilled Juices Sliced Fresh Fruit Freshly Baked Danishes, Muffins & Croissants Fluffy Scrambled Eggs, Country-style Home Fries Crispy Bacon & Breakfast Sausages Freshly Brewed Starbucks Coffee & Tazo Teas Buffet style or Plated service (minimum 20 people)





Maritime Breakfast

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Assorted Chilled Juices Freshly Baked Breakfast Pastries and Scones Sliced Fresh Fruit Traditional Fish Cakes Baked Beans Scrambled Eggs Maple Sausages Freshly Brewed Starbucks Coffee & Tazo Teas (minimum 20 people)

Additional Breakfast Items

Freshly Squeezed Orange Juice Assorted Cereals, Milk and Cream Sliced Fresh Fruit with Yogurt Dip **Bagels with Cream Cheese Spread** Bagels with Cream Cheese Spread and Smoked Salmon Eggs Benedict Assorted Cheeses with Fresh Fruit **Baked Tomato Halves** Whole Fresh Fruit Seasonal Berry Yogurt Parfait with Crunchy Granola Deep Dish French Toast with Maple Cream **Omelette Station** (as station is attended by a chef a fee is applicable) eggs with assorted fixings, ham, tomato, onions, peppers, mushrooms with cheese add smoked salmon or baby shrimp English Muffins with Eggs, Bacon & Cheddar Cheese Hard Boiled Eggs





Healthy Habits

Fruit & Vegetable Shooters (Pomegranate, Mango, Tomato, Berry & Pineapple Juice) Fruit & Cheese Skewers Fresh Fruit (whole) ~ the best the season has to offer! Low Fat Yogurt Selection House Made Granola Bars Baskets of Low Fat Popcorn Fresh Fruit Skewers with Yogurt Dip Hummus with Veggies or Pita Tortilla Chips with Salsa Treats: dried fruit, nuts & seeds, biscotti and a variety of cheese Bowl of Citrus: Orange & Grapefruit Skewers

Beverages

Freshly Brewed Starbucks Coffee & Tazo Teas Hot Chocolate Eska (275ml) Eska (1Litre) Assorted Fruit Juices Assorted Soft Drinks Bottled Water San Pellegrino Fruit Smoothies (Banana, Strawberry or Blueberry) Cartons of Milk (237 ml) Red Bull Energy Drink

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The Bake Shop

Selection of Danishes, Muffins & Croissants Signature Breakfast Pastry Lemon and Blueberry Bar lemon and blueberries in a flaky pastry, topped with a cinnamon streusel Assorted Cupcakes House Made Cinnamon Rolls **Freshly Baked Brownies** Assorted Cookies & Squares including: Aassortment of Decadent Squares and Assorted Cookies Tea Biscuits, Assorted Scones & Biscotti Assorted Macaroons (GF) (Chocolate, Vanilla, Raspberry & Lemon) Assorted Freshly Baked Cookies Florentines (GF)-Sugar almond snaps, dipped in chocolate

Treats

Baskets of Snacks/ Potato Chips, Pretzels, House Made Pastry Cheese Twists Mixed Nuts **Oriental Gourmet Bar Mix** Trio of House Made Potato Chips

The Candy Shop

Assortment of Candies, Gummies, Licorice, Gumballs, Candy Sticks, Chocolate Delights

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Rise & Shine

Freshly Brewed Starbucks Coffee & Tazo Teas Assorted Juices Selection of House Made Breakfast Loaves, Muffins & Croissants

Full Morning Break

Freshly Baked Muffins, Croissants & Cinnamon Buns Fresh Fruit Skewers Assorted Juices Freshly Brewed Starbucks Coffee & Tazo Teas

Full Afternoon Break

Fresh Fruit Skewers with Yogurt Dip Freshly Baked Cookies & Squares Assorted Regular & Diet Soft Drinks Assorted Juices Freshly Brewed Starbucks Coffee & Tazo Teas

Basic Afternoon Tea

Macaroons (GF), Florentines (GF) Assorted Regular & Diet Soft Drinks Assorted Fruit Juices Freshly Brewed Starbucks Coffee & Tazo Teas

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Popcorn

Plain & Caramel, White Cheddar Cheese Popcorn Sparkling Water

Chili & Biscuits

Steaming Pot of Ground Beef or Vegetarian Chili Grated Cheddar Cheese House Made Biscuits & Tortilla Chips

Chocolate Overload

Chocolate Fudge Brownies & Blondies Chocolate Filled Profiteroles White & Dark Chocolate Covered Pretzels Chocolate Covered Raisins & Coffee Beans Double Chocolate Cookies Chocolate Milk

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Gourmet Sandwiches

Greek Quinoa Salad Niçoise Salad Pickle and Relish Tray

Grilled Chicken & Smoked Gouda

with tomato basil aioli on focaccia **Roast Beef** with sautéed mushrooms, onion marmalade & chipotle aioli on brioche **Traditional Nova Scotia Lobster Salad** served on home style roll **Falafel & Eggplant Caponata** with piquilla peppers & torshi pickles on ciabatta Fresh Baked Cookies, Brownies, Lemon Bars (Gluten Free Option Available)

> Sliced Fresh Fruit Freshly Brewed Starbucks Coffee & Tazo Teas

Wrap It Up

Mesclun greens with grape tomatoes, julienne carrots, sun-dried cranberries & raspberry vinaigrette or Chef's Soup of the Day

Vegetable Crudité & Relish Tray

Variety of Wraps Including

Cajun Chicken Smoked Ham & Swiss Cheese Miso Glazed Beef Grilled Roasted Vegetables with Feta

Freshly Baked Squares & Cookies Freshly Brewed Starbucks Coffee & Tazo Teas



A CANON

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Drop & Go Executive Lunch (GF)

Chilled Thai Pasta Salad Sliced Bresaola and Melon Balls Asparagus Spears Drizzled With Pomegranate Molasses Emulsion Chilled Poached Jumbo Shrimp With Hoisin Sauce Smoked Salmon Floret (non-seafood alternates available upon request)

> Chef's Dessert Selection Freshly Brewed Starbucks Coffee & Tazo Teas

Seaport Farmers Market Luncheon

Hickory Smoked Pulled Pork & Smoked Brisket Sandwiches Cornbread, Marinated Forest Mushroom Salad, Dilled Potato Salad, Crunchy Pickles Valley Apple Strudel With Crème Anglaise, Whipped Cream And Seasonal Berries House Made Sweet Lemonade And Iced Tea Freshly Brewed Starbucks Coffee & Tazo Teas (minimum 30 people)

Boxed Lunch

Seasonal Whole Fresh Fruit Smoked Turkey Wrap Gouda Cheese Granola Bar Greek Pasta Salad Double Chocolate Fudge Square Bottled Water (other wrap options available upon request)





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Taste of Nova Scotia

Nova Scotia Seafood Chowder Tossed Garden Salad Homemade Fish Cakes Breaded Baked Chicken Garlic Mashed Potatoes Seasonal Vegetable Medley Freshly Baked Biscuits Annapolis Valley Apple Crisp Freshly Brewed Starbucks Coffee & Tazo Teas

Sicilian

Antipasto Bar including: Sliced Prosciutto, Genoa Salami, Mortadella, Marinated Artichoke Hearts, Mushrooms, Olives, Black Olive & Roasted Pepper Tapenade with Sliced Fresh Melon Caesar Salad

Choose Two Entrees:

Italian Roasted Chicken Baked Lasagne Bolognese Rigatoni Alfredo Sautéed Vegetable Primavera

Focaccia Garlic Bread & Crostini Tiramisu With Fresh Berries Cannoli's Filled With Sweetened Ricotta And Berries Freshly Brewed Starbucks Coffee & Tazo Teas

Lunches are based on a minimum of 25 guests.

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Served Lunches

Choose one item from Appetizer, Entrée and Dessert selections

Appetizers

Butternut Squash Soup Smoked Corn Chowder

Nova Scotia Creamy Seafood Chowder

Prosciutto and Seasonal Melon

sliced roma tomatoes, shaved parmigiano-reggiano

Insalata Caprese

sliced fresh buffalo mozzarella, tomatoes, fresh basil

Spinach Salad

with sliced mushrooms, onions, candied pecans & mozzarella, vidalia onion-apricot vinaigrette

Tender Arugula Leaf Salad

with seasonal mesclun greens, sun-dried cranberries & crumbled feta

Fresh Garden Salad

with roasted garlic & raspberry vinaigrette

Caesar Salad

with crisp romaine, parmesan & herbed croutons

Entrées

Sautéed Chicken Angelo (GF)

sautéed with mushrooms, sun-dried tomatoes, artichoke hearts, black olives and dry white wine, served with saffron scented roasted garlic & rosemary potatoes

Pan-Fried Haddock

North Shore haddock, duglere sauce and basmati rice

Pan Roasted Chicken

with forest mushroom and rosemary jus lie, vegetable couscous

Braised Short Ribs (GF)

slow braised local beef with

horseradish smashed potatoes, natural drippings (gluten free)

Atlantic Salmon (GF)

miso ginger glazed salmon, garlic risotto (gluten free)

Roasted Carrot Risotto (GF)

with curried carrot purée, topped with hasselback sweet potato,

cauliflower fritters and onion flakes (vegan, vegetarian, dairy free, gluten free) Fresh Pea Risotto (GF)

with zucchini ribbons, baby heirloom carrots, asparagus, roasted carrot

and edamame purée with pea shoots (vegan, vegetarian, dairy free, gluten free) Soba and Zucchini Noodle Bowl (GF)

with baby bok choy, served in a sesame-ginger sauce, topped with scallions and sprouts (vegan, vegetarian, dairy free, gluten free)

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Served Lunches

Desserts Traditional Annapolis Valley Apple Crisp with fresh cream Tiramisu with fresh berries **Opera Cake** triple layered opera sponge, layered with coffee butter cream and dark chocolate ganache Lemon Curd Tart with fresh berries **Lemon Meringue Pie Blueberry Pie Blondie with Salted Caramel Sauce** Chocolate Mousse Cup (GF, NF) layers of rich milk and dark chocolate mousse separated by salted caramel and topped with a layer of white chocolate and berries

Freshly Brewed Starbucks Coffee & Tazo Teas

Minimum 25 guests or a labour charge will apply.











From the Sea

Fresh Nova Scotia Mussel Bar

steamed mussels with lemon & garlic butter Smoked Salmon one side (serves 25 people) served with chopped egg, red onions, tomatoes, capers, lemon, cream cheese and fresh baguette slices *Oyster Bar market price per person (minimum 25 people) local oysters shucked to order with tabasco, spicy cocktail sauce, Lea & Perrins, pepper, lemon Black Tiger Shrimp Presentation (50 pieces) with spicy cocktail sauce & lemon *Scallop Flambé Station (150 pieces) with brandy & cream *Shrimp Flambé Station (150 pieces) with coconut rum Sushi Bar served with wasabi, soy and ginger **Planked Salmon** served on warm river stones with condiments *Premium Mussel Bar with choice of 3 sauces & bread sticks *Gourmet Fish Taco Station (chef attended) light fried haddock pieces with scallions, tomatoes, avocado, cilantro, sour cream and chipotle aioli on soft, fresh, mini tacos

* Additional fee for chef-attended station

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Platters and Presentations

Fresh Fruit Skewers with Yogurt Dip Vegetable Crudité & Dip seasonal fresh vegetables with complementary dipping sauces Trio of Chef's Assorted Dips chef's choice of three house-made dips, pita crisps, crostini & veggie sticks **Spud Station** whipped potatoes with choice of toppings, sour cream, fresh chives, caramelized onions, cheddar cheese, braised beef and rich demi **Antipasto Tray** marinated vegetables with Italian meats, cheeses and olives **Imported & Domestic Cheeses** served with assorted crackers & toasts, garnished with grapes & strawberries **Display of Nova Scotian Artisanal Cheeses** served with house made jams and a variety of crisps **Artisanal Charcuterie Board** featuring an array of dried and cured meats, accompanied with dried fruit, nuts, olives, jellies and crisps *Hip of Beef (serves approximately 100 guests) with assorted mustards, horseradish and mini kaisers **Char Broiled Mini Burger Station** Beef burger topped with Applewood cheddar and bacon jam Veggie burger topped with arugula tomato confit Lamb burger topped with cilantro aioli and onion tobacco *Salad Station traditional Chicago chopped salad or Caesar /additional charge for chicken (minimum 30 people) *Pasta Bar roasted chicken with coconut curry penne, fusilli pesto alfredo, Italian marinara bowtie Assorted Finger Sandwiches & Wraps (50 pcs.) egg salad, tuna salad, chicken salad, roast beef, ham & swiss and grilled marinated vegetables Mac & Cheese Station with toppings of Atlantic Lobster, pulled pork, bacon *Tartare Bar Ahi tuna, Atlantic salmon and beef tartare mixed tableside and served with crisps Petite Sweet Display baked in house florentines, macaroons, truffles, petit fours & chocolate dipped strawberries *Carvery carved by a chef and served on assorted homemade rolls with condiments Choose one: (minimum 50 people) **Honey Glazed Country Ham Roast Sirloin of Beef**

Lamb Carvery

* Additional charge for chef-attended station

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Passed Hors d'Oeuvres

(Minimum order of 3 dozen per item)

CHILLED

Chicken Makhani on naan bread drizzled with cucumber-mint yogurt

Prosciutto Wrapped Melon (GF) melon wrapped in delicate prosciutto

Watermelon Cubes (GF) with aged balsamic & mint chiffonade

Caprese Skewers (GF)

pesto marinated baby mozzarella and grape tomatoes on a bamboo skewer drizzled with balsamic reduction

Antipasto Skewers (GF)

marinated and grilled artichoke hearts, baby mozzarella, olives, grape tomato and cured salami

Shredded Char Sui Duck rice paper spring rolls Smoked Salmon on crostini with red onion and capers Tandoori Chicken Roulade on crisp naan with mint raita Apple & Fennel with crumbled goat cheese on endive Bruschetta

traditional roma tomatoes, basil, extra virgin olive oil on garlic crostini Mini BLT Spoons

roasted pancetta, tomato confit, bib lettuce with basil aioli and olive dust on a savory edible spoon

HOT

Top Sirloin Beef (GF) red nugget potatoes topped with caramelized onions & boursin cheese Vegetable Pad Thai (GF) spicy rice noodles with lemon grass and ginger

marinated vegetables with chopped peanuts and cilantro

Bacon Wrapped Dates

plump dates stuffed with chorizo sausage and wrapped in smoky bacon, served with roasted red pepper aioli

Sweet Potato and Kale Fritter (GF)

fried golden brown and served with green goddess dipping sauce Portobello Mushrooms & Leeks

sautéed in garlic butter & cream, served in mini phyllo baskets

CONTINUED ON PAGE 2



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Passed Hors d'Oeuvres

PAGE 2 (Minimum order of 3 dozen per item)

HOT

Digby Scallops wrapped in smoked bacon Spanakopita phyllo pastry stuffed with spinach, garlic & feta cheese **Honey Garlic Meatballs** tossed in honey & garlic Mini Fish n' Chips served in a mini bamboo cone Chicken Satay (GF) with coconut-curry sauce **Mini Aloo Samosas** tasty filling of potatoes, coriander, garam masala served with tamarind dip Sweet Chili Glazed Pulled Pork on potato cake with grilled pineapple Vegetable Pakora (GF) with tamarind dipping sauce Mac n' Cheese Lollipops creamy mac n' cheese, breaded and fried golden served on a lollipop stick and served with spicy ketchup **Fig and Walnut Pizza Bites** bite size pizza crust topped with pesto, figs, walnuts and goat cheese drizzled with EVO and port and balsamic reduction Mini Donair Eggrolls Halifax famous ground Donair meat, tomato and onions in an eggroll wrapper, served with Donair sauce **Mini Chicken Pot Pie** savory, rich chicken pot pie in a mini terracotta pot topped with flaky puff pastry **Portobello Sliders** marinated and grilled Portobello in a brioche bun roasted red pepper, brie and a tarragon aioli **Spiced Gazpacho** topped with jumbo shrimp

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Passed Hors d'Oeuvres

(Minimum order of 3 dozen per item) CHILLED

Jumbo Shrimp Cocktail (GF)

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Fiers de vous servir

served with vodka enhanced house made cocktail sauce Tuna Forks (GF) lavender rubbed, quickly seared with wasabi aioli

Crab Salad Cones

crab and avocado salad in savory cones with tobiko and green onion aioli **Miso Glazed Black Cod** on marinated cucumber **Maple Salmon Suckers (GF)** maple marinated salmon on a lollipop stick lightly dipped

aple marinated salmon on a lollipop stick lightly dipped in a sweet and salty coarse maple sugar

Tuna Poke

fresh chopped tuna, sesame ginger marinated, served in pastry cups and topped with compressed pineapple

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Lobster Bonbons with sweet thai chili sauce Char Sui Glazed Quail wrapped in delicate paratha Mini Kobe Sliders with chipotle aioli Petite Crab Cakes (GF) with chive crème fraîche Smoked Duck Spring Rolls with blueberry & pear chutney Grilled Lamb Chops (GF) tender marinated lamb chops with dijon mustard & thyme served with port & balsamic reduction dipping sauce Chicken Chops kung pao style, semi-boneless ginger and mirin soaked chicken wings finished with cilantro and toasted sesame seeds Smokey Tomato Parmesan Shooter

topped with a **Mini Grilled Cheese** stuffed with bacon jam and provolone **Polenta Fries and Sweet Potato Tempura** in a wooden cone with truffle mayo **Potito Shephord's Pig (GE)**

Petite Shepherd's Pie (GF)

creamy mashed potatoes, tender corn & ground beef, layered in a trifle cup Petite Pulled Pork Sandwich house-made brioche bun with cranberry chutney Petite Lobster Thermidor (GF) petite terra cotta pots gruyere topped lobster with torched parmesan

Ginger Glazed Seared Scallop on polenta with fried leek

Mini Lobster Mac n Cheese topped with herb bread crumbs and baked golden brown Stuffed Mini Yorkshire Pudding warm flaky mini Yorkshire puddings stuffed with sautéed beef tenderloin and king mushrooms, topped with a rich bordelaise sauce







Molecular Cooking

all selections require 48 hours notice additional charge for chef-attended station additional charge for dry ice or liquid nitrogen

Liquid Nitrogen Ice Cream French vanilla, chocolate or apple cinnamon Liquid Nitrogen Chocolate Drops and Candy Kisses petite sweets made with liquid nitrogen

*Chef Attended Mozza Station

fresh cheese curds, brined and stretched to form mozzarella by one of our chef's, served with tomato, basil, extra virgin olive oil and caper berries

Late Night Snacks

Mini Donairs petite donairs with chopped tomatoes and donair sauce on the side **Poutine Station (Vegetarian & GF)** crispy fries, cheese curds, port demi glaze (additional charge for pulled pork) **Burger Station** Pulled Pork Mini Cheese Burger Veg Black Bean Burger

* Additional charge for chef-attended station

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SERVED DINNERS

Choose one item from Appetizer, Entrée and Dessert selections

Appetizers

Wild Mushroom Bisque (GF) accented with thyme and crème fraîche **Butternut Squash Bisque** with crispy chorizo & goat cheese Fresh Atlantic Seafood Chowder (GF) **Spinach Salad** baby spinach with toasted quinoa, pomegranate and dried cranberries, pickled onions with a maple and Dijon dressing **Grilled Caesar Salad** crisp pancetta with shaved parmesan and herbed garlic croutons Brown Sugarcane & Beet Salad (GF) with truffled honey & goat cheese dressing Grilled Pear Salad (GF) with arugula, stilton, candied hazelnuts, pickled shallots, ice wine vinaigrette Insalata Caprese (GF) with sliced fresh buffalo mozzarella, tomatoes, fresh basil & drizzled with olive oil **Rice Paper Rolls** filled with thai shrimp salad, drizzled with sake-infused soy sauce **Goat Cheese Brûlée** with beet & arugula salad with orange segments, lime and truffle scented dressing We Proudly Brew **Tuna Carpaccio (GF)** STARBUCKS COFFEE razor thin ahi tuna, dry rubbed with coriander. Fiers de vous servir lavender & crushed pepper with duo of saffron & wasabi aioli **Dungeness Crab Cakes** chipotle aioli, arugula salad, pomegranate molasses **Beef Carpaccio (GF)** razor-thin slices of beef tenderloin, shaved parmesan, black truffles, wasabi & saffron aioli Duck Confit Nicoise (GF) classically prepared with green beans, red onion, potato and boiled egg, extra virgin olive oil and freshly squeezed lemon Pea Risotto with seared miso glazed pork belly & pea shoots Any of the above as an additional course, additional charge Chef's interesting seasonal sorbet as an extra course, additional charge







SERVED DINNERS

Choose one item from Appetizer, Entrée and Dessert selections

Entrées

Entrée price includes one appetizer, entrée, potato, vegetable and dessert selection

Caprese Stuffed Chicken Supreme (GF) stuffed with baby mozzarella, basil and tomato confit,

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herb and garlic marinated chicken breast a top a savory chorizo bread stuffing waffle, with pan jus

topped with a roasted garlic and basil cream sauce

Stuffed Chicken Supreme (GF)

filled with local foraged mushrooms and artisan teleggio cheese

Filet Mignon (GF)

Pan Seared Chicken

with brandy flambéed local blueberry peppercorn sauce, dauphinoise potatoes Short Ribs (GF)

Slow braised beef short rib, served with an aromatic braising jus seasonal vegetables and garlic infused mashed potato

Duo of Petite Filet of Beef with Muscat Jus Lie & Sake Miso Glazed Cod seasonal vegetables & dauphinoise potato

Duo of Char Grilled Beef Tenderloin & Garlic Seared Tiger Shrimp (GF) topped with béarnaise and served with perigueux sauce

(upgrade to Lobster claws additional charge)

Duo of Chicken & Salmon (GF)

baharat dusted supreme of chicken and seared salmon topped

with grilled lemon, served with a garlic cream sauce

Roasted Atlantic Salmon (GF)

with dupuy lentil & leek ragout, sweet potato pave, goat cheese cheinin blanc sauce

Portobello al Romana

marinated portobello mushrooms roasted and filled with grilled vegetables,

set atop red wine braised barley and gratineed

with mozzarella and shredded parmesan cheese

Squash & Leek Risotto (GF)

with corn & chickpea cake, cauliflower pakora, coconut curry sauce

Note: Two different entrees may be chosen with the third being vegetarian at an additional charge per person. Selection needs to be made in advance and place cards indicating the guest choice to be provided. We require the breakdown on entrée selections 5 business days prior.







SERVED DINNERS

Desserts

Chocolate Pâté with raspberry coulis

Carrot Cake

roasted carrots, cream cheese icing, rhubarb gastrique, pistachio dust Chocolate Velvet Tart

chocolate shortbread crust filled with creamy chocolate ganache, fresh berries and crème anglaise

Classic Crème Brûlée with fresh berries

NY Style Cheesecake with fruit coulis

Chocolate Amaretto Cheesecake with raspberry coulis Flourless Chocolate Cake (GF) with Bailey's crème anglaise

Triple Layered Dacquoise (GF)

with milk and dark chocolate drops, roasted hazelnut, raspberry coulis S'mores Galore

rich chocolate cake on a graham crust with chocolate ganache and torched house made marshmallow, salted caramel drizzle **Pavlova Romano** Italian meringue filled with local seasonal berries, stone fruit jam, rhubarb gastrique

Doughnuts and Holes

honey glazed doughnut with bacon crumble and a cinnamon sugar dusted maple glazed hole

Chocolate Mousse Cup (GF, NF)

layers of rich milk and dark chocolate mousse separated by salted caramel and topped with a layer of white chocolate and berries.

Freshly Brewed Starbucks Coffee & Tazo Teas

Tasting Plates additional charge

sharing platters of house made pastries, cheese cake lollipops and v French macaroons with a selection of cheese, nuts and dried fruit garnished with chocolate dipped strawberries

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Minimum 25 guests or a labour charge will apply





Executive Dinner

Amuse Bouche to entice the palate

Roasted Butternut Squash Bisque with crispy chorizo sausage, truffle scented goat cheese and walnut oil

> Fresh Pea Risotto with seared scallops, shaved parmesan and pea shoots

> > Sorbet valley apple & calvados

Beef Tenderloin pan seared and topped with wild mushroom and bone marrow fritter, goat cheese infused mashed potato and port demi

Duo of Chocolate mini opera cake and chocolate pavlova with popping candy truffle

Freshly Brewed Starbucks Coffee & Tazo Teas

Based on minimum of 15 guests



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BUFFET DINNERS

Appetizers

selection of breads assortment of seasonal crisp vegetables with roquefort and creamy ranch dipping sauces (GF)

Salads

Choose three from the following: Organic Green Salad (GF) with seasonal organic lettuce, sliced cucumber, cherry tomatoes, herb gouda & crisp corn kernels with a dijon & balsamic vinaigrette Quinoa Salad (GF) quinoa tossed with cucumber, mint, tomato, lemon and extra virgin olive oil Baby Spinach Salad (GF)

with sliced mushrooms, mozzarella, caramelized pecans and vidalia onion-apricot vinaigrette

Caesar Salad

crisp pancetta, shaved parmesan, herbed garlic croutons Greek Pasta Salad

with mixed greens, feta, onion, black olives and bowtie pasta

Prosciutto & Seasonal Melon (GF) with roma tomatoes, shaved parmesan & extra virgin olive oil Beet Salad (GF)

arugula, beets & orange segments with goat cheese, yuzu vinaigrette

Chilled Items

Choose three from the following: Assorted Domestic & Imported Cheeses Chilled Poached Salmon (GF) Thai Shrimp Salad wrapped in rice paper, drizzled with sake-infused soy sauce Asparagus Spears (GF) chilled & served with pomegranate molasses Antipasto Platter (GF) marinated vegetables with Italian meats, cheeses and olives Atlantic Seafood Platter smoked salmon, lemon broth marinated mussels,

smoked mackerel, solomon gundy & baby shrimp tossed in Asian sesame dressing with condiments

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BUFFET DINNERS

Entrées Choose two from the following:

Lamb, Beef & Chicken Skewers (GF)

marinated with peppers, spanish onion & mushroom with a spicy basil & roasted garlic tomato sauce

*Top Sirloin of Beef au Jus (GF) Baked Haddock (GF)

in a kaffir lime cream sauce

Mac & Cheese Croquettes

rich and creamy Mac n' Cheese croquettes fried golden and served with a spicy tomato sauce and drizzled with chive crème fraiche

Atlantic Salmon (GF)

goat cheese cheinin blanc

Baked Seafood (GF)

with thermidor sauce

Chicken Jalfrezi (GF)

pan-seared chicken breast with fresh ginger, asian spices & tomato sauce

Sautéed Chicken Angelo (GF)

breast of chicken sautéed with mushrooms, sun-dried tomatoes, artichoke hearts & black olives in a chardonnay sauce

Beef Bourguignon (GF)

slow braised beef and pearl onions with aromatic vegetables in a rich Burgundy infused beef braising jus, finished with mushrooms and parsley

Stuffed Roast Pork Loin (GF)

stuffed with apricot & apple bourbon sauce

*Carved Prime Rib au Jus (GF)

whole succulent "AAA" prime rib, carved by a chef (*roasted to medium doneness unless specified otherwise)

Portobello al Romana

marinated Portobello mushrooms roasted and filled with grilled vegetables, set atop red wine braised barley and gratineed with mozzarella and shredded parmesan cheese

Additional entrée item additional charge All buffets are served with choice of rice or potato & seasonal vegetables

Desserts

Belgian Chocolate Ganache & Hazelnut Cream Cake Chocolate Amaretto Cheesecake Assortment of Macaroons, Apple Pie, Fresh Sliced Fruit Strawberry Shortcake Freshly Baked Squares & Cookies Freshly Brewed Starbucks Coffee & Tazo Teas

(minimum 50 guests)

* Additional charge for chef-attended station

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BUFFET DINNERS

Seaport Farmer's Market Buffet

Variety of fresh baked breads, rolls & biscuits Nova Scotia Creamy Seafood Chowder with pan-seared salmon, shrimp, scallops, white fish and mussels Brown Sugarcane & Beet Salad with truffled honey & goat cheese dressing Organic Green Salad with seasonal organic lettuce, sliced cucumber, cherry tomatoes, herb gouda & crisp corn kernels, dijon & balsamic vinaigrette Cultivated Mussels in garlic cream Dorey filled with Crushed Ice & Nova Scotia Chilled Lobster Tails & Claws served with drawn butter Selection of Local Oysters with traditional accompaniments

> Atlantic Planked Smoked Salmon slow roasted Atlantic salmon on a thick cedar plank Outlon Farm Ham and Pork Belly maple and all spice glazed with braised red cabbage Free Range, Deboned Organic Chicken citrus-glazed with fine herbs Roasted Brussel Sprouts with Bacon oven roasted and tossed with warm rendered bacon

> > Locally grown seasonal vegetables Lunenburg County scallop sweet potatoes

Desserts

Apple Tatin Strawberry Shortcake Sliced Fruit & Berries

Freshly Brewed Starbucks Coffee & Tazo Teas

(minimum of 50 guests)



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WORKING DINNER BUFFET

(served buffet style in your meeting or conference room) Choose three salads and one entrée section

Salads

Greek Pasta Salad with sliced black olives, feta & oregano vinaigrette **Tossed Mesclun Greens Salad** with cherry tomatoes, candied pecans & sherry vinaigrette **Baby Spinach Salad** with honey dijon dressing **Classic Caesar Salad** with herb croutons & crisp bacon bits **Chickpea Salad** chickpeas tossed with cucumber, red onion and feta, chopped romaine, chiffonade mint and olive oil and lemon dressing **Traditional Lunenburg County Potato Salad** Atlantic Seafood Chowder

Entrées **Tenderloin Beef Tips** roasted tender sliced beef with red currant & green peppercorn jus lie Fresh Herbs & Garlic Rubbed Chicken with charred scallions and chipotle cream sauce Herb Crusted Fillet of Tilapia oven baked with fennel & charred tomatoes, vin blanc sauce **Blackened Fillet of Haddock** with chipotle spiked white wine sauce **Casserole of Chicken** with maple infused coconut curry sauce **Eggplant Caponata** with penne pasta & oven roasted tomatoes

We Proudly Brew Fiers de vous servir



Buffet includes chef's potato or rice & seasonal vegetable medley

Sliced fresh fruit, petite desserts & house-made cookies Freshly Brewed Starbucks Coffee & Tazo Teas

> (additional charge for a second entrée) Ainimum 30 guests or a labour charge will apply.



All prices are subject to a customary 18% taxable service charge and 15% applicable HST. Prices are subject to change. All prices are guaranteed 90 days prior to the function. 902-454-8533 www.rcr.ca sales@rcr.ca

STARBUCKS COFFEE



DESSERT BUFFET

Variety of cheesecakes, layer cakes, flans, homemade tarts, fresh sliced fruit, freshly baked squares, cookies and biscotti

Please choose one from the following:

Strawberry Extravaganza

fresh strawberries in Grand Marnier, chocolate dipped strawberries, strawberries with sour cream & brown sugar, strawberry mousse or

Dessert Flambé

Please choose from the following:

Cherries Jubilee, Peppered Strawberries or Bananas Foster (station is attended by a chef for an additional charge) Freshly Brewed Starbucks Coffee & Tazo Teas (Add the second option for an additional charge)

"The Chocolate Fountain . . . The perfect touch to any Event!" All chocolate fountain options are based on a minimum 50 guests.

Decadent Belgian Dark Chocolate

fruit display including strawberries, golden pineapple, banana and honeydew all with bamboo skewers for the perfect dip

Tropical Garden Theme

vanilla and almond biscotti, cream-filled eclairs & florentines with exotic tropical fruit including mango, golden pineapple, guava, kiwi, banana, strawberries, honeydew and cantaloupe



We Proudly Brew STARBUCKS COFFEE Fiers de vous servir





BEVERAGE SERVICE

Non-Alcoholic Beer Wine Punch Rum Punch Assorted Soft Drinks Assorted Fruit Juices Mineral Waters Coffee/Tea Bottled Water

Specialty Services

Mocktail Bar (minimum 75 people) selection of virgin cocktails prepared to order: virgin piña colada, margarita, bloody caesar or bloody mary, and tropical fruit punches

Martini Bar (2 oz.)

a variety of martinis prepared to order: the mediterranean, the executive, French, 007,gibson, crantini, johnnie, chocolate, rich and famous, the glacier, or oliver's classic

Mojito Bar (2 oz.) selection of muddled caribbean fruit & fresh mint drinks

International Coffee Station

selection of international liqueurs blended with coffee topped with fresh whipped cream, chocolate shavings, dusted with cinnamon

Champagne & Sparkling Wine

La Marca, Prosecco, Italy Nova 7, Benjamin Bridge (Frizzante), Nova Scotia Champagne, Moet & Chandon Brut, France Champagne, Dom Perignon, France

18% service charge and 15% HST will be added to all prices for host bars 15% HST will be added to all cash bar prices at time of purchase

Alcoholic beverages must be purchased by RCR; no donated product may be used Host beverages and beverage tickets are billed on actual consumption Where bars do not meet a minimum sales per bar station (1 bar per 100 people), a labour fee is charged plus an hourly fee per hour for any additional hours after 3 hours

> We Proudly Brew STARBUCKS COFFEE Fiers de vous servir





Domestic Beer

Wine (glass)

Non-Alcoholic Fruit Punch

House Shots (1 oz.)

Premium Shots (1 oz.)

Ultra Premium (1 oz.)

Imported Beer, Cocktails

Liqueurs, Port, Cognac





WINE BY THE BOTTLE

White Wine

Sauvignon Blanc, Siete Soles, Chile (House Wine) A diverse wine with nice crisp acid. Suitable for almost any occasion. L'Acadie Blanc, Grand Pre Vineyards, Nova Scotia A full-bodied wine of complex character. Pleasant aromas of fresh cut hay and herbal notes are complemented by a rich, full and slightly buttery flavor balanced by a lively grapefruit acidity. Pinot Grigio, Bolla, Italy An approachable, refreshing wine. Great by itself or with a multitude of our hors d'oeuvres. Signos De Origen, White Blend, Emiliana (Organic and Biodynamic) Chile A complex wine with notes of tangerine and tropical fruit that goes great with heartier foods. Bouchard Macon Lugny St. Pierre, Chardonnay, France A well-made, medium weight Chardonnay with hints of vanilla, a great match for seafood dishes. Sauvignon Blanc, Kim Crawford, New Zealand A lively wine full of bright, green refreshing aromas and flavors. Always a favorite, this wine can carry through an event from cocktail reception to dance. Condundrum, White, USA Highly aromatic, ripe fruit, with a hint of residual sweetness. A great wine for Asian or exotic dishes. **Red Wine** Cabernet Sauvignon, Siete Soles, Chile (House Wine) Full of fruit and backed by soft tannins. A great choice for casual receptions or dinners. Malbec, Trapiche Broquel, Argentina A luscious, full red. The perfect accompaniment to almost any red meat dish. Modello Rosso, Masi, Italy Fruity and well structured. Begs to be paired with tomato based dishes, but capable of standing up to much more. McManis, Cabernet Sauvignon USA A rich berry, nice weight that is great with food. Vinters Reserve Foch, Grand Pre, Nova Scotia A dry red with a reserved nose, spicy & savory notes. Great with a multitude of braised meat and rustic dishes. Shiraz, Peter Lehmann, Portrait, Australia Consistently well rated by wine critics, this full bodied wine bursting with cassis and blackberries. A great value and the perfect accompaniment to any cocktail reception or dinner. Coyam, Emiliana (Organic and Biodynamic) Chile A beautiful nose is backed with ripe fruit flavors, lingering tannins with a lush and lasting finish. A great wine for red meats and substantial dishes and wine lovers. An extensive selection of Port & Ice Wine is available upon request. 18% service charge and 15% HST will be added to all prices for host wines 15% HST will be added to all cash bar prices at time of purchase



