



## Brunch at "The Arms"

*at South Park & Spring Garden*

*All Savoury and Sweet Brunch items include a complimentary caesar or mimosa*

### Savoury

- "The Arms", two eggs, any style, choice of meat, homefries. \$16  
Classic eggs benedict, poached eggs, peameal bacon, hollandaise. \$17  
Veggie benny, sautéed spinach & portobello, hollandaise. \$17  
Lobster BLT, Nova Scotia lobster, smoked bacon, English bibb, sun-dried tomato paste, housemade focaccia & homefries. \$20  
Avocado toast, thick rye bread, goat cheese, fresh tomato & sliced boiled egg. \$14  
Brunch Burger - House ground Angus beef with a sunny side egg, swiss cheese & hand cut fries. \$20  
Spaghetti con pomodoro e tartufo - house made spaghetti, roma tomato & truffle sauce, grated parmesan & fresh basil. \$19  
Tuna Tartare - traditionally prepared with dijon, shallots and capers, topped with avocado puree, horseradish aioli, crostini. \$15  
Pizza Margherita, with artisan local mozzarella, EVOO, fresh basil & tomato sauce. \$19  
Beer battered haddock & chips. \$19

### Sweet

- Classic french toast on baguette, sugar moon farms maple syrup, whipped cream & fresh berries. \$17  
Local blueberry pancakes, lemon butter & maple syrup. \$17

### Breakfast Made Easy

- Selection of cold cereals, mixed berries. \$6  
Mixed fruit plate & yogurt. \$9  
Smoothie: strawberry-banana or mixed berry protein. \$9  
Steel-cut oatmeal, brown sugar, raisins & cream. \$8  
Granola parfait, mixed berries, plain yogurt. \$9

### ...And

- Yogurt, plain or vanilla. \$4  
Grilled tomatoes. \$3  
Toast or English muffin. \$3  
Home Fries. \$4  
Bacon, peameal or housemade sausage. \$5  
One egg, any style. \$3