"THE ARMS"

at South Park & Spring Garden

SUPPER

SWEET POTATO, CARDAMOM AND GINGER SOUP ~ *birch infused with roasted hemp seeds and sliced french baguette* — 9

SEAFOOD CHOWDER ~ *with toasted sliced baguette* — 17

BAKED BRIE ~ *triple cream baked brie with olive oil herb compressed pear, lemon peel jam & crostinis* — 15

TUNA TARTARE ~ *with avocado, chives, lime soya sesame dressing and capers topped with garlic lime aioli* — 19

CHICKPEA FLATBREAD ~ *cauliflower flatbread, curried chickpeas, wilted spinach & roasted red pepper spread* — 16

FRIED BRUSSELS SPROUTS ~ *shaved dehydrated apple and marinated brussels with candied walnuts and maple vinaigrette* — 16

GRILLED CAESAR ~ *grilled romaine hearts, crispy smoked maple bacon, herb crouton, grana padano & house dressing* — 16

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SEAFOOD BOUILLABAISSE ~ *Haddock, bass, scallop, shrimp with saffron fennel broth* — 27

CLAMS AND CHIPS ~ *corn flour dusted fried whole belly clams, zesty tartare sauce and red cabbage slaw* — 17

LOBSTER ROLL ~ *with fries & red cabbage slaw* — 28

PORK BELLY ~ *crispy pressed pork belly with pickled apple and napa cabbage, sweet soya pomegranate molasses drizzle, caramelized black pepper brandy shallots, shaved fennel* — 35

DIGBY SCALLOPS ~ *pan seared with roasted acorn squash, broccolini and cashew velouté and citrus powder* — 33

YELLOW COCONUT CURRY BOWL ~ *yellow curry broth, coconut milk, sweet potato, curried chick peas, jasmine rice, broccoli & peanuts* — 19

12 OZ CHAR GRILLED CANADIAN RESERVE ANGUS STRIPLOIN ~ *Chimichurri, gold mashed potato and red wine jus* — 42

PAPPARDELLE ~ *ribbons of pasta with sautéed forest mushrooms in a garlic & boursin cream sauce* — 25

MISO SOUS VIDE SEA BASS ~ *miso glazed sea bass with a dried mushroom and lardon broth, steamed winter vegetables, king mushroom, snow peas and white turnip, pickled radish and parsnip ribbons* — 34

SEARED CHAR ~ *pan seared arctic char with barley risotto, grapeseed basil oil, and semi dried tomato* — 25

BLACK ANGUS BURGER ~ *garlic lime aioli, iceberg, tomato jam, onion frites & crispy fries* — 19

"COMFORT FOOD"

CHICKEN WINGS & DRUMMIES ~ *fried crispy* — 17

SWEET POTATO FRIES ~ *with truffle aioli* — 10

FISH & CHIPS ~ *beer battered haddock, fries & red cabbage slaw* — 19

CHICKEN POT PIE ~ *with pastry top* — 19

TAVERN STYLE NACHOS
with house blend melted cheese, our own pickled banana peppers, salsa & sour cream
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