

# Lunch

## **Gourmet Sandwiches**

Artisanal Cheeses with House made Jams  
Potato Salad  
Niçoise Salad

## **Grilled Chicken & Smoked Gouda**

with tomato basil aioli on focaccia

## **Roast Beef**

with sautéed mushrooms, roma tomatoes, lettuce,  
onion marmalade, blue cheese & chipotle aioli on brioche

## **Smoked Salmon & Dilled Cream Cheese**

with watercress, chopped eggs, honey crisp apples & capers on fresh bagels

## **Falafel & Eggplant Caponata**

with piquilla peppers & torshi pickles on ciabatta

Fresh Baked Cookies, Brownies & Lemon Bars  
Freshly Brewed Starbucks Coffee & Tazo Teas

## **Wrap It Up**

Mesclun greens with grape tomatoes, julienne carrots,  
sun-dried cranberries & raspberry vinaigrette

or

Chef's Soup of the Day  
Vegetable Crudité & Relish Tray

## **Variety of Wraps Including**

**Cajun Chicken**

**Smoked Ham & Swiss Cheese**

**Teriyaki Beef**

**Falafel & Smoked Eggplant**

Freshly Baked Squares & Cookies  
Freshly Brewed Starbucks Coffee & Tazo Teas



RCR  
HOSPITALITY  
GROUP



*Yes we can!*

All prices are subject to a customary 18% taxable service charge and 15% applicable HST.  
Prices are subject to change. All prices are guaranteed 90 days prior to the function.

902-454-8533

[www.rcr.ca](http://www.rcr.ca)

[sales@rcr.ca](mailto:sales@rcr.ca)

# Lunch

## **Drop & Go Lunch in a Bowl**

Chilled Thai Pasta Salad  
Bresaola Wrapped Melon Balls  
Asparagus Spears Drizzled With Molasses Emulsion  
Chilled Poached Jumbo Shrimp With Hoisin Sauce  
Smoked Salmon Florette  
(non-seafood alternates available upon request)

Chef's Dessert Selection  
Freshly Brewed Starbucks Coffee & Tazo Teas

## **Seaport Farmers Market Luncheon**

Hickory Smoked Pulled Pork & Smoked Brisket Sandwiches  
Cornbread, Marinated Forest Mushroom Salad,  
Dilled Potato Salad, Crunchy Pickles  
Valley Apple Strudel With Crème Anglaise,  
Whipped Cream And Seasonal Berries  
House Made Sweet Lemonade And Iced Tea  
Freshly Brewed Starbucks Coffee & Tazo Teas  
(minimum 30 people)

## **Boxed Lunch**

Seasonal Whole Fresh Fruit  
Smoked Turkey Wrap  
Gouda Cheese, Granola Bar  
Greek Pasta Salad  
Vanilla Biscotti, Double Chocolate Fudge Square  
Bottled Water

RCR  
HOSPITALITY  
GROUP



*Yes we can!*



All prices are subject to a customary 18% taxable service charge and 15% applicable HST.  
Prices are subject to change. All prices are guaranteed 90 days prior to the function.

902-454-8533

[www.rcr.ca](http://www.rcr.ca)

[sales@rcr.ca](mailto:sales@rcr.ca)

# Lunch

## **Taste of Nova Scotia**

Nova Scotia Seafood Chowder  
Tossed Garden Salad  
Homemade Fish Cakes, Breaded Baked Chicken  
Garlic Mashed Potatoes, Seasonal Vegetable Medley  
Freshly Baked Biscuits  
Annapolis Valley Apple Crisp  
Freshly Brewed Starbucks Coffee & Tazo Teas

## **Sicilian**

Antipasto Bar including  
Sliced Prosciutto, Genoa Salami, Mortadella,  
Marinated Artichoke Hearts, Mushrooms, Olives,  
Red & Green Pepper Relish And Sliced Fresh Melon  
Caesar Salad

## **Choose Two Entrees:**

Italian Roasted Chicken  
Spaghetti & Meat Balls  
Baked Lasagne Bolognese  
Rigatoni Alfredo  
Sautéed Vegetable Primavera  
  
Focaccia Garlic Bread & Crostini  
Tiramisu With Fresh Berries  
Cannoli's Filled With Sweetened Ricotta And Berries  
Freshly Brewed Starbucks Coffee & Tazo Teas

Lunches are based on a minimum of 25 guests.



RCR  
HOSPITALITY  
GROUP



*Yes we can!*

All prices are subject to a customary 18% taxable service charge and 15% applicable HST.  
Prices are subject to change. All prices are guaranteed 90 days prior to the function.

902-454-8533

[www.rcr.ca](http://www.rcr.ca)

[sales@rcr.ca](mailto:sales@rcr.ca)

# Lunch

## Served Lunches

Choose one item from Appetizer, Entrée and Dessert sections

### Appetizers

**Butternut Squash Soup**

**Leek & Potato Soup**

**Vegetarian Minestrone**

**Nova Scotia Creamy Seafood Chowder** (additional charge)

**Prosciutto and Seasonal Melon**

sliced roma tomatoes, shaved parmigiano-reggiano

& drizzled with extra virgin olive oil

**Insalata Caprese**

sliced fresh buffalo mozzarella, tomatoes, fresh basil & drizzled with olive oil

**Spinach Salad**

with sliced mushrooms, onions, candied pecans & mozzarella,

vidalia onion-apricot vinaigrette

**Tender Arugula Leaf Salad**

with seasonal mesclun greens, sun-dried cranberries & crumbled feta

**Fresh Garden Salad**

with roasted garlic & raspberry vinaigrette

**Caesar Salad**

with crisp romaine, parmesan & herbed croutons

### Entrées

**Sautéed Chicken Angelo**

breast of chicken sautéed with mushrooms, sun-dried tomatoes,

artichoke hearts, black olives

and dry white wine, served with saffron scented

roasted garlic & rosemary potatoes

**Pan-Fried Blackened Haddock**

North shore haddock blackened in a cast iron pan

with creole spices, with pineapple-orange salsa and basmati rice

**Pan Roasted Chicken**

with forest mushroom and rosemary jus lie,

vegetable couscous, extra virgin olive oil

**Braised Short Ribs**

slow braised local beef with

horseradish smashed potatoes, natural drippings

**Atlantic Salmon**

ginger glazed & pan seared, smokey BBQ sauce, garlic risotto

**Squash & Leek Risotto** with roasted corn & chickpea cake,

vegetable pakora, coconut curry sauce

RCR  
HOSPITALITY  
GROUP



*Yes we can!*

All prices are subject to a customary 18% taxable service charge and 15% applicable HST.

Prices are subject to change. All prices are guaranteed 90 days prior to the function.

902-454-8533

[www.rcr.ca](http://www.rcr.ca)

[sales@rcr.ca](mailto:sales@rcr.ca)

# Lunch

## Served Lunches

### Desserts

#### Choice of Pie

pecan, lemon meringue, blueberry or coconut meringue

#### Traditional Annapolis Valley Apple Crisp

with fresh cream

#### Tiramisu

with fresh berries

#### Opera Cake

triple layered opera sponge, layered with coffee butter cream and dark chocolate ganache

#### Lemon Curd Tart

with fresh berries

#### Pistachio Sponge Cake

pistachio sponge cake topped with a saffron mousse

Freshly Brewed Starbucks Coffee & Tazo Teas

Minimum 25 guests or a labour charge will apply.



RCR  
HOSPITALITY  
GROUP



*Yes we can!*

All prices are subject to a customary 18% taxable service charge and 15% applicable HST.  
Prices are subject to change. All prices are guaranteed 90 days prior to the function.

902-454-8533

[www.rcr.ca](http://www.rcr.ca)

[sales@rcr.ca](mailto:sales@rcr.ca)