



This Weeks Take Home Family Meal Is... TASTE OF FALL

This meal includes: Traditional cream-based Atlantic Seafood Chowder. House-made Cloverleaf bread rolls with creamery butter. Oven roasted pork tenderloin stuffed with apricot and pumpkin seed streusel with panko crumbs and valley apple sauce. Fall vegetable medley with carrots, Brussels sprouts & parsnips. Lyonnaise potatoes. Pecan Tart with crème anglaise.

RCR Hospitality is excited to be partnering with Phoenix Youth and will be donating \$10 to Phoenix Youth from each Fresh on the Fly family meal sold between October 14-18 and October 21-25, 2020. This meal is only \$75 and is suitable for 4 people. There is \$5 peninsula delivery only on Friday October 16th between 2-5pm. Max 10km delivery radius. Free delivery with a purchase of a bottle of wine or if more than one meal is purchased. This meal is available from October 14-18, 2020 with pickup available at The Arms at 1515 South Park Street inside the Lord Nelson Hotel - earlier pick ups can be arranged via email at freshonthefly@rcr.ca