



## "The Arms"

*at South Park & Spring Garden*

### Take Out 12pm-8pm

"The Arms" all day breakfast: two eggs, any style, choice of sausage, peameal or crispy bacon, homefries. \$16

Soup of the day. \$8

Avocado toast, thick rye bread, goat cheese, fresh tomato & sliced boiled egg. \$13

Warm roasted tomato salad - local tomatoes slow roasted with red onions & basil pesto, balsamic vinaigrette, organic greens and topped with goat cheese crumble. \$15

Chopped romaine hearts with anchovy caesar dressing, bacon bits, croutons & parmesan. \$13  
*add sliced chicken \$4.50*

Arms Clubhouse - with sliced boiled egg, served with our hand cut fries. \$15

Fish and Chips: beer battered haddock & chips. \$18

Black Angus burger, AAA beef ground in house, iceberg lettuce, sliced tomato, gochujang aioli, with hand cut fries. \$18

"Tavern Style" twice fried nachos, with house blend melted cheese, our own pickled banana peppers, salsa & sour cream. \$17