

THE ARMS

at The Lord Nelson Hotel

BRUNCH MENU WINTER 2026

All Brunch Mains include a complimentary 1oz Caesar or Mimosa



V BREAD & BUTTER 5

Grilled Artisanal Bread w/ Whipped Brown Butter & Molasses

SEAFOOD CHOWDER 22

Butter Poached Lobster, Salmon, Digby Scallops & Shrimp Golden Al Dente Potato, Cream Broth, Old Bay, Grilled Sourdough

V ROASTED TOMATO SOUP 15

Smoked Gouda & Petite Brie Grilled Cheese

SQUASH & KALE SALAD 17

Roasted Butternut Squash, Kale, Gala Apples, Pomegranate, Pumpkin Seeds, Fried Quinoa, Feta, Cranberry Vinaigrette

GRILLED CAESAR SALAD 18

*Grilled Romaine Hearts, Smoked Bacon Lardons, Aged Local Asiago,
Fried Focaccia, Burnt Lemon*

Df V AVOCADO TOAST 17

Thick Cut Rye Toast, Smashed Avocado, Poached Eggs, Pico de Gallo, Chimichurri Rojo, Scallions, Cilantro, Fresh Fruit

ARMS NACHOS 22

*Melted Cheese Blend, In-House Pickled Banana Peppers
Chopped Tomato & Green Onions, Salsa & Sour Cream*

MAINS



ENGLISH STYLE FISH & CHIPS 23

Beer Battered Crispy Atlantic Cod, Burnt Lemon, House-Made Tartar Sauce

SOURDOUGH FRENCH TOAST 21

Egg Dipped Thick Cut Sourdough, Fig Compote, Cinnamon Chantilly, Spiced Maple Syrup, Crispy Bacon

CHICKEN AND BRIE FLATBREAD 23

Herb Roasted Chicken, Double Cream Brie, Red Onion, Arugula Pesto, Toasted Pistachios

EGGS BENEDICT 23

Poached Eggs, Toasted English Muffin, Hollandaise, Peameal Bacon, Potato Wedges

SMOKED SALMON EGGS BENEDICT 25

Locally smoked Atlantic Salmon, Soft Poached eggs with Hollandaise, Potato Wedges

V VEGGIE BENNY 22

Maitake Mushrooms & Asparagus, Poached Eggs, Toasted English Muffin, Hollandaise, Potato Wedges

Df THE ARMS CLASSIC BREAKFAST 19

Choice of Sausage or Bacon, Two Eggs any Style, Potato Wedges, Toast & Fruit Garnish

KIMCHI GRILLED CHEESE 19

Cabbage Patch Kimchi, Provolone, Smoked Cheddar, Butter Griddled Sourdough

SMOKED SALMON TOAST 23

*Locally Smoked Atlantic Salmon, Grilled Sourdough, Chive & Goat Cheese Mousse, Pickled Squash, Arugula, Shaved Red
Onion, Fried Potato Wedges*

LOBSTER ROLL 33

Garlic Butter Toasted Potato Bun, Classic Lobster & Mayo, Red Cabbage Slaw

BRUNCH BEVERAGES



MIMOSA 9

Cava and Orange Juice

CAESAR 14

2oz vodka or gin, mixed classically

CAPPUCCINO 5.5

ESPRESSO 4.5

DRIP COFFEE - STARBUCKS MEDIUM ROAST 3.5