

THE ARMS

at The Lord Nelson Hotel

BRUNCH MENU SUMMER 2026

All Brunch Mains include a complimentary 1 oz Caesar or Mimosa



V BREAD & BUTTER 6

Grilled Artisanal Bread with Whipped Brown Butter & Molasses

SEAFOOD CHOWDER 22

Butter Poached Lobster, Salmon, Digby Scallops & Shrimp Golden Al Dente Potato, Cream Broth, Old Bay, Grilled Sourdough

V ROASTED TOMATO SOUP 15

Smoked Gouda & Petite Brie Grilled Cheese

VEGAN CUCUMBER FENNEL SALAD 16

Shaved Cucumber, Fennel, Pomegranate, Watermelon Radish, Toasted Sesame Seeds, Chili & Rice Wine Vinaigrette

GRILLED CAESAR SALAD 18

*Grilled Romaine Hearts, Smoked Bacon Lardons, Aged Local Asiago,
Fried Focaccia, Burnt Lemon*

Df V AVOCADO TOAST 17

Thick Cut Rye Toast, Smashed Avocado, Poached Eggs, Pico de Gallo, Chimichurri Rojo, Scallions, Cilantro, Fresh Fruit

ARMS NACHOS 22

*Melted Cheese Blend, In-House Pickled Banana Peppers
Chopped Tomato & Green Onions, Salsa & Sour Cream*

MAINS



ENGLISH STYLE FISH & CHIPS 23

Beer Battered Crispy Atlantic Cod, Burnt Lemon, House-Made Tartar Sauce

BRIOCHE FRENCH TOAST 22

Public Bakery Brioche, Bacon, Spiced Maple Syrup, Macerated Berries

ANGUS BURGER 23

Double Stack 4oz Angus Patties, Garlic Toasted Brioche Bun Tuscan Greens, Tomato, Caramelized Onion Aioli

EGGS BENEDICT 24

Poached Eggs, Toasted English Muffin, Hollandaise, Peameal Bacon, Potato Wedges

SMOKED SALMON BENEDICT 26

Locally smoked Atlantic Salmon, Soft Poached eggs with Hollandaise, Potato Wedges

V VEGGIE BENNY 24

Sautéed Spinach, Scallions and Maitake Mushrooms, Poached Eggs, English Muffin, Hollandaise

VEGAN GRILLED CHEESE 19

Wilted Kale, Caramelized Onion, Vegan Cheddar, Sourdough

SMOKED SALMON TOAST 24

*Locally Smoked Atlantic Salmon, Grilled Sourdough, Chive & Goat Cheese Mousse, Pickled Squash, Arugula, Shaved Red
Onion, Fried Potato Wedges*

MONTE CRISTO 20

Egg-Dipped Sourdough, Smoked Ham, Shaved Turkey, Swiss Cheese, Grainy Mustard

LOBSTER ROLL 33

Garlic Butter Toasted Potato Bun, Classic Lobster & Mayo, Red Cabbage Slaw

BRUNCH BEVERAGES



MIMOSA 9

Cava and Orange Juice

CAESAR 14

2oz vodka or gin, mixed classically

CAPPUCCINO 5.5

ESPRESSO 4.5

DRIP COFFEE - STARBUCKS MEDIUM ROAST 3.75