

THE ARMS

at The Lord Nelson Hotel

BRUNCH MENU 2025

All Brunch Mains include a complimentary 1oz Caesar or Mimosa



V BREAD & BUTTER 5

Grilled Artisanal Bread w/ Whipped Brown Butter & Molasses

SEAFOOD CHOWDER 22

Butter Poached Lobster, Salmon, Digby Scallops & Shrimp Golden Al Dente Potato, Cream Broth, Old Bay, Grilled Sourdough

V ROASTED TOMATO SOUP 15

Smoked Gouda & Petite Brie Grilled Cheese

GRILLED CAESAR SALAD 18

*Grilled Romaine Hearts, Smoked Bacon Lardons, Aged Local Asiago,
Fried Focaccia, Burnt Lemon*

Df V AVOCADO TOAST 17

Thick Cut Rye Toast, Smashed Avocado, Poached Eggs, Pico de Gallo, Chimichurri Rojo, Scallions, Cilantro, Fresh Fruit

Gf STRAWBERRY AVOCADO SALAD 17

Toasted Almonds, Arugula, Shaved Fennel, Goat Cheese Lemon & Black Pepper Dressing

ARMS NACHOS 22

*Melted Cheese Blend, In-House Pickled Banana Peppers
Chopped Tomato & Green Onions, Salsa & Sour Cream*

MAINS



ENGLISH STYLE FISH & CHIPS 22

Beer Battered Crispy Atlantic Cod, Burnt Lemon, House-Made Tartar Sauce

ROASTED SQUASH & SAUSAGE FLATBREAD 19

Roasted Squash, Italian Sausage, Garlic Ricotta, Arugula, Rosemary Honey

EGGS BENEDICT 23

Poached Eggs, Toasted English Muffin, Hollandaise, Peameal Bacon, Potato Wedges

SMOKED SALMON EGGS BENEDICT 25

Locally smoked Atlantic Salmon, Soft Poached eggs with Hollandaise, Potato Wedges

V VEGGIE BENNY 22

Maitake Mushrooms & Asparagus, Poached Eggs, Toasted English Muffin, Hollandaise, Potato Wedges

Df THE ARMS CLASSIC BREAKFAST 19

Choice of Sausage or Bacon, Two Eggs Any Style, Potato Wedges, Toast & Fruit Garnish

PHILLY CHEESE BEEF DIP 23

*Slow-Cooked Pulled Brisket, Toasted Hoagie Bun, Fried Peppers
Caramelized Onions, Provolone, Red Eye Demi*

SMOKED SALMON TOAST 22

*Locally Smoked Atlantic Salmon, Grilled Sourdough, Chive & Goat Cheese Mousse, Pickled Squash, Arugula, Shaved Red
Onion, Fried Potato Wedges*

VEGAN ROASTED TOMATO & MAITAKE MUSHROOM TARTINE 19

Maitake Mushroom "Bacon", Roasted Cherry Tomatoes, Grilled Sourdough, Garlic Hummus, Home Fries

LOBSTER ROLL 32

Garlic Butter Toasted Potato Bun, Classic Lobster & Mayo, Red Cabbage Slaw

BRUNCH BEVERAGES



MIMOSA 9

Cava and Orange Juice

CAESAR 14

2oz vodka or gin, mixed classically

CAPPUCCINO 5.5

ESPRESSO 4.5

DRIP COFFEE - STARBUCKS MEDIUM ROAST 3.5