



Brunch at "The Arms"

at South Park & Spring Garden

All Savoury and Sweet Brunch items include a complimentary caesar or mimosa

Savoury

Shakshuka - two farm eggs poached in simmering tomato, harissa sauce with spices & fresh herbs, served with warm crostini. \$16

Classic eggs benedict, poached eggs, peameal bacon, hollandaise. \$17

Veggie benny, sautéed spinach & portobello, hollandaise. \$17

"The Arms", two eggs, any style, choice of meat, homefries. \$16

Avocado toast, thick rye bread, goat cheese, fresh tomato & sliced boiled egg. \$14

Lobster BLT, Nova Scotia lobster, smoked bacon, crispy iceberg & tomato on thick toasted rye with homefries. \$20

Tuna Tartare - traditionally prepared with dijon, shallots and capers, topped with avocado puree, horseradish aioli, crostini. \$15

Brunch Burger - House ground Angus beef with a sunny side egg, goat cheese & crispy fries. \$20

Sweet

Classic french toast on baguette, sugar moon farms maple syrup, whipped cream & fresh berries. \$17

Local blueberry pancakes, lemon butter & maple syrup. \$17

Breakfast...lite

Selection of cold cereals, mixed berries. \$6

Mixed fruit plate & yogurt. \$9

Granola parfait, mixed berries, plain yogurt. \$9

...And

Yogurt, plain. \$4

Toast or English muffin. \$3

Home Fries. \$4

Smoked Bacon, peameal or housemade sausage. \$5

One egg, any style. \$3