



BRUNCH AT "THE ARMS"

at South Park & Spring Garden

All main course Brunch items include a complimentary caesar or mimosa

CLASSIC EGGS BENEDICT

poached eggs, peameal bacon, hollandaise

19

OPEN FACED SMOKED SALMON

cape seed bread, smoked atlantic salmon, lemon cream cheese, crispy capers, pickled shallots, soft poached eggs

20

VEGGIE BENNY

asparagus, arugula, confit mushrooms, poached eggs & hollandaise

18

THE ARMS BREAKFAST

two eggs any style, home fries and choice of bacon, peameal ham or breakfast sausage & toast

19

AVOCADO TOAST

sourdough bread, fresh sliced avocado, toasted goat cheese, poached egg, cured tomato

17

BREAKFAST SANDWICH

challah bread, fried egg, real smoked ham, caramelized onion gouda spread, radish shoots

16

BANANA FRENCH TOAST

banana loaf, torched banana, bacon, crème fraiche, salted pecans and spiced maple syrup

16

ATLANTIC LOBSTER ROLL

with fries, coleslaw and dill pickle spears

29

OPEN FACED FRIED CHICKEN WAFFLE

buttermilk fried chicken on toasted belgian waffle, chili honey, apple slaw

17

BLACK ANGUS BURGER

challah burger bun, double stack AAA sirloin angus beef patties, sautéed mushrooms, caramelized onion gouda spread, shredded iceberg & heirloom tomato

19

TAVERN STYLE NACHOS

with house blend melted cheese, our own pickled banana peppers, salsa & sour cream

21

BRUNCH...SIDES

HALF AVOCADO	5
YOGURT, PLAIN	4
TOAST OR ENGLISH MUFFIN	3
HOME FRIES	5
SMOKED BACON, PEAMEAL OR HOUSEMADE SAUSAGE	6

BEVERAGES

ESPRESSO	4.50	CAPPUCCINO / LATTE	5.50
DRIP COFFEE ~ we proudly serve Starbucks	3.50	TEA	3.50
medium roast		JUICES ~ OJ, Cranberry, Apple	4.50