

THE ARMS

at The Lord Nelson Hotel

BREAKFAST MENU SPRING 2024

🌱 BREAD & BUTTER 5

Grilled Artisanal Bread w/ Whipped Brown Butter & Molasses

🌱🥑 AVOCADO TOAST 16

Thick Cut Rye Toast, Smashed Avocado, Poached Eggs, Pico de Gallo, Chimichurri Rojo, Scallions, Cilantro, Fresh Fruit

EGGS BENEDICT 22

*Poached Eggs, Toasted English Muffin, Hollandaise,
Potato Wedges*

SMOKED SALMON EGGS BENEDICT 24

*Locally smoked Atlantic Salmon,
Soft Poached eggs with Hollandaise,
Potato Wedges*

🥩 PORK BELLY B.E.L.T. 22

*Crispy Pork Belly, Fried Egg, Shredded Lettuce, Tomato,
Pommery Mayo, Everything Bagel, Potato Wedges*

🥩 THE ARMS CLASSIC BREAKFAST 16

*Choice of Sausage, Bacon or Pork Belly
Two Eggs Any Style
Potato Wedges, Toast, Fruit*

BANANA BREAD FRENCH TOAST 18

*Torched Banana, Bacon, Crème Fraiche, Salted Pecans,
Spiced Maple Syrup*

🥩 SWEET POTATO HASH 17

*Sautéed Pork & Apple Sausage, Roasted Sweet Potato,
Caramelized Onions, Baked Over-Easy Egg, Toast*

🌱 VEGGIE BENNY 22

*The classic benny with sautéed forest mushrooms,
grilled asparagus, Hollandaise
served with potato wedges*

🌱🌱 OVERNIGHT OATS 16

Almond Milk Soaked Oats, Pistachio, Caramelized Apple, Spiced Maple Syrup

BREAKFAST SIDES

HALF AVOCADO 5

TOAST OR ENGLISH MUFFIN 3

SMOKED BACON, PEAMEAL OR
BREAKFAST SAUSAGE 6

YOGURT, PLAIN GREEK 4

HOME FRIES 5

BOXED BREAKFAST CEREAL -
WITH SIDE FRESH BERRIES 7

*Rice Krispies, Corn Pops, Frosted Flakes, Fruit Loops,
Special K, All Bran, Corn Flakes, Raisin Bran (subject to
availability)*

BEVERAGES

ESPRESSO 4.5

TEA 3.5

CAPPUCCINO /

LATTE 5.5

JUICES 4.5

Orange, Cranberry or Apple

DRIP COFFEE -

STARBUCKS MEDIUM

ROAST 3.5