

$Breakfast\ buffet\ \ {}^*\mathsf{Priced}\ \mathsf{per}\ \mathsf{person}$

Includes fresh Starbucks brew and teas

Seasonal sliced fruit, assorted individual cereal and milk, assorted house baked pastries including Danishes, muffins, and croissants
Mind-full breakfast \$29 Assorted individual cereal, skim milk, sliced fruit, low fat muffins, individual low fat yogurt, and all-natural granola
Nova Scotian Minimum 25 people \$35 Maritime fishcakes with molasses baked beans, chow, brown bread, potato hash with chopped bacon, and sausage
Canadian Minimum 25 people

- -	Continental	- -	Western Minimum 25 people
- -	Mind-full breakfast		Hotel classic Minimum 25 people
+	Nova Scotian Minimum 25 people \$35 Maritime fishcakes with molasses baked beans, chow, brown bread, potato hash with chopped bacon, and sausage	-†-	Pancake breakfast Minimum 25 people \$3* Buttermilk pancakes with berry compote, Chantilly cream, bacon, and mixed berry cups
- -	Canadian Minimum 25 people	+	Build your own breakfast sandwich Min. 25 people \$28 Fried egg, sausage patty or bacon & cheddar cheese with English muffin or bacon cheddar croissant. Served with potato wedges and whole fresh fruit

All prices are subject to a customary 19% taxable service charge and 15% applicable HST. Prices are subject to change. All prices are guaranteed 90 days prior to the function.

Wake ups

- -	Individual yogurt
+	Build your own granola yogurt parfait \$10 each Almond granola, vanilla yogurt, and seasonal berries Minimum 10 people
- -	Mixed berry yogurt cups \$10.50 each Seasonal berries in individual cups
- -	Whole fresh fruit
- -	Fruit cup \$10.50 each Fresh cut seasonal fruit in individual cups
- -	Cereal \$9.50 a person Assorted individual cereals and 2% milk
- -	Chilled hard-boiled eggs \$33 a dozen

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Baked best

- -	Assorted muffins
+	Gluten free muffins \$51 a dozen Chocolate or blueberry
- -	Assorted Danishes \$50 a dozen
+	Mini cinnamon rolls \$35 a dozen Cream cheese glazed
+	Croissants
- -	Chocolate croissants \$47 a dozen
- -	Artisanal spinach & feta pastries \$68 a dozen
- -	Almond croissants \$47 a dozen
+-	Mini sweet loaves \$48 a dozen Lemon poppyseed, blueberry lavender, and banana chocolate chip
+	Bakewell tart
- -	Scones
- -	Bagels
- -	Cookies
+	Gluten free brownie









Comfort breaks

Grab and go

seasonal whole fruit

- -	Individual mixed nuts
- -	Smoked salmon and asparagus roll \$19 each
- -	Veggies and dip \$9 each
- -	Energy bites \$52 adozen
- -	Homemade granola bars \$42 a dozen
- -	Peanut butter brownies \$44 a dozen
- -	Mixed berry crumble bars \$40 a dozen
- -	Rocky road bars \$44 a dozen
- -	Strawberry cheesecake bars \$44 a dozen
- -	Lemon lavender bars \$44 a dozen

Snacks

+	Chocolate bars
- -	Whole fruit
- -	Snack bags
- -	Mixed nuts
- -	Hummus dip \$5.75 per person With choice of vegetables or pita
- -	Chips and Salsa \$5.95 per person Tortilla chips and medium salsa

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Beverages

- -	Perrier & flavoured water
- -	San Pellegrino 275ml
- -	San Pellegrino or Evian 750ml \$10.50 each
- -	Bottled water \$4.95 each
- -	Assorted fruit juice \$5.25 each
- -	Premium fruit & vegetable juices \$6.50 each
- -	Assorted soft drinks \$4.95 each
- -	Carton of milk 250ml \$5.95 each
- -	Hot chocolate \$4.95 each
- -	Starbucks coffee \$4.95 each
- -	Assorted teas \$4.95 each

